

# **SOUTHWEST LIFE GROUP BIBLE STUDY**

## **4-15-06 - "The Role of 'Others' in Healing"**

**OPEN:** Discuss whether what is true and what is false in the below statement.

**"All I need to heal is just God and me."**

**DIG:** Look up the following verses that suggest that God's way is for us to NEED OTHERS as we seek healing.

- Romans 12:5 – In light of this, how might Paul recommend us going about healing?
- Romans 12:15 – Is mourning important in healing? With whom do you mourn and about what?
- Romans 15:14 – Does God only counsel and teach us directly, or does God do it through others? Do you think there are areas in your life that he might only heal "privately"?
- 1 Corinthians 12:25-26 – Do you think that there is "silent suffering" going on in churches in a way that make this verse impossible to follow? Is that okay?
- 1 Thessalonians 5:11 – If "build each other up" includes helping other people heal from broken hearts and guilty consciences (does it?), then do we need others to heal?
- Ephesians 5:21 – Most of us are comfortable with "submitting to God", but according to the Bible we are to take it farther and include each other. Why would Paul recommend this and is there limits to it?
- Ephesians 4:2 – How important is this exhortation if God intends on using the church to heal people's hearts? What circumstances are difficult for you to do this?
- Hebrews 10:24 – "Let us consider how..." How can we do this for each other and what application does it have to helping each other heal?
- 1 Peter 4:10 – Is God's generosity to us for us alone? Is our own personal healing that God has given us for us alone? Is it possible to heal without sharing our hurt?
- James 5:16 – According to this verse, what sins can we keep to ourselves and still expect to be healed of? Are there things from your past that you "just can't go there" on? Does this reflect a need for healing?
- Galatians 6:2 – Can the idea here in Scripture and the idea that "I can be healed just between me and God" co-exist?

### **DISCUSS:**

1. What reason would there be to NOT share our burdens, sins, broken hearts, and guilty consciences with others?
2. What BIBLICAL reasons are there to not share our burdens, sins, broken hearts, and guilty consciences with others?
3. Although we resist and rationalize our way out of it, all of our reasons that keep us isolated in heart from one another stem from fear. What are those fears?

**PRAY:** Pray against the fears that keep us from connecting our lives to others in a courageous and Biblically healing way.