

Southwest Life Groups

A Place to Belong...A Place to Transform

Focus: To explore how Jesus at times guided his disciples and what resulted while contrasting if and when we should guide others and the possible results.

Introduction: I have a theory I would love to throw out this evening to see what you think. I believe that human nature chooses the path of least resistance. It is our nature to do the easy versus the hard...to be lazy over diligent. It takes us rising above what is easy to accomplish anything significant day in and day out. So here is my theory...critique what you hear.

- The path of least resistance is almost always wrong...In marriage? In physical fitness? In your spiritual journey?
- People need to be pushed or they will stagnate.

Dig: Think about what the disciples would have been like if Jesus had never guided them. What if he had left them to do what they thought was best? What if he had never told them what to do?

Read Mark 6:6b-13

- Assess what the disciples might have been feeling: 1) before they left on this journey; 2) while they were out obeying what Jesus had asked them to do; 3) when they came back and shared stories of what had happened.
- If Jesus had never guided them (and at times told them what to do), how might Acts have been different?
- What are some other instances where you can remember Jesus telling people what they needed to do?

Application: Who are we to guide anyone else? How do we balance what is going on inside of us in order to really help someone? Are we qualified? These things have to swirl around inside of us. Self worth is a huge part of this discussion!

- Who do you allow to guide you? How would your life be different without them?
- Who are you guiding right now? Do you feel worthy to do that?
- If someone is not guiding you, where do you end up?
- Why are we so afraid to guide others at times?
- Why are we so quick to guide others at times?

Prayer: I would like to encourage you to invite husbands and wives to pray together tonight. It is hard for that to happen at home for some and giving them a little nudge might be a real blessing!